

LIE

The trial is my enemy.

TRUTH

Satan is my enemy.

GOD'S WORD

“Be sober-minded; be watchful. **Your adversary the devil** prowls around like a roaring lion, seeking someone to devour” (1 Pet. 5:8).

LIE

My trial and suffering mean God doesn't love me.

TRUTH

Nothing can separate me from God's love.

GOD'S WORD

“No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, **nor anything else in all creation, will be able to separate us from the love of God** in Christ Jesus our Lord” (Rom. 8:37–39).

LIE

My trial reflects my lack of faith.

TRUTH

My trial can prove my faith.

GOD'S WORD

“. . . though now for a little while, if necessary, you have been grieved by various trials, so that the **tested genuineness of your faith**—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ” (1 Pet. 1:6–7).

LIE

My trial produces only pain.

TRUTH

Trials can produce spiritual fruit.

GOD'S WORD

1. Trials offer an opportunity to get to know God and his word better, trust his character more, and develop mine (Job 42:5; Ps. 119:71; Rom. 5:3–4).
2. Trials make me more grateful for Jesus who suffered on my behalf (Isa. 53:5).
3. Trials remind me that earth isn't my real home and increase my longing for heaven (Rev. 21:4).
4. Trials deepen my prayer life (Rom. 8:26–27).

LIE

My trial is a waste of time.

TRUTH

My trial prepares an eternal weight of glory for me.

GOD'S WORD

“So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an **eternal weight of glory** beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal” (2 Cor. 4:16–18).

10 TRUTHS FOR MOMS | Adapted from *God Is Still Good* by Katie Faris



LIE

My trial is pointless.

TRUTH

My trial makes me
more like Jesus.

GOD'S WORD

“And we know that for those who love God all things work together for good, for those who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers” (Rom. 8:28–29).



LIE

I'm alone in my trial.

TRUTH

My triune God is
with me.

GOD'S WORD

1. Jesus is my sympathetic high priest (Heb. 4:15–16).
2. The Holy Spirit is my Helper (John 14:26–27).
3. My heavenly Father loves me (1 John 3:1).



LIE

I'm the only one
who suffers.

TRUTH

Christians suffer
throughout the world.

GOD'S WORD

“Resist [the devil], firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world” (1 Pet. 5:9).



LIE

My trial will never end.

TRUTH

Whether in this life or the
next, my trial will end.

GOD'S WORD

“And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you” (1 Pet. 5:10).



LIE

This trial is too strong
for me.

TRUTH

God's grace is sufficient.

GOD'S WORD

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness’” (2 Cor. 12:9).